

Nada Brahma (Sound of God): Om

Sacred Sound Circle

A sacred sound circle is a spiritual experience involving music, prayer, meditation and ecstatic movement. It is inspired by ancient spiritual practices and the work of contemporary sacred musicians like Layne Redmond and Gabrielle Roth.

Bring your acoustic instruments, voices, dancing feet, and an open heart. Please no amplified or really loud instruments.

This is an adult and teens only event.

Where: **Fun-Do-Mental Music**, 1489 E. Thousand Oaks Blvd., Suite C, Thousand Oaks, CA 91362 (behind The Record Outlet across from Carlson's Building Materials, *not visible from T.O. Blvd.*)

When: Saturday, June 25, 8 PM
Donation suggested (but no one turned away for lack of funds)
Send any questions to jeffreydelbosque@gmail.com or call (805) 778-1000

Jeffrey Del Bosque, MA, MFTI, is a psychotherapist, musician and ritual leader who has been leading sacred sound circles for the past ten years. He has led community circles with JFKU Holistic Studies students, at the UUCO in Ogden, Utah, and in residential and school settings in both Utah and California. He has studied Middle Eastern Percussion with Mary Ellen Donald, classical guitar with Todd Woodbury, and ritual practices with Luisah Teish and Fariba Bogzaran, Ph.D. He completed the Advanced Studies Program at the Yoga Room in Berkeley, CA to teach Iyengar Yoga Asanas and Pranayama.